

Fatigue & Rest - Starting Pitcher (SP)

Fatigue & Rest - Relievers

Batters Faced	In-Game Fatigue	Rest Days	Batters Faced	Q Rating	In-Game Fatigue	Rest Days
0 to 9	Refer to SP's parenthetical Batters Faced number.	2	0 to 3	Q1*	0	0
		2		Q2*	0	0
		3		Q3*	0	0
10 to 18	Reduce SP -1 Grade after that BF number has been reached.	3	4 to 6	Q4*	0	0
		3		Q1*	0	0
		3		Q2*	0	0
19 to 24	Reduce SP an additional -2 Grades every five BF (5th, 10th, 15th, etc.) thereafter.	3	7 to 9	Q3*	-1	0
		3		Q4*	0	0
		3		Q1*	0	0
25 to 29		3		Q2*	-1	0
		3		SP	-1	0
		3		Q3*	-2	1
	If SP is rated (10) BF, reduce SP -2 Grades for 11th BF.	3	10 to 12	Q4*	-2	1
		3		Q1*	0	0
		3		Q2*	-1	0
30 to 35	Reduce (10) rated SP an additional -2 Grades for every batter faced thereafter.	3		SP	-2	1
		3		Q3*	-3	2
		3		Q4*	-3	2
36 to 39		3	13 to 15	Q1*	-1	0
		3		Q2*	-2	1
		3		SP	-2	1
		4		Q3*	-3	2
		4		Q4*	-3	2
		4		Q1*	-2	1
40 or more (per batter)	-2 per batter	4	16 to 19	Q2*	-2	2
		5		SP	-2	2
				Q3*	-3	2
				Q4*	-3	3
			20 or more (per batter)	all	-3	4

In-Game Fatigue is cumulative, including consecutive days for relievers; Rest Days are not.

Pitcher Grade Advancements/Reductions

Base Grade 1-5 with no EARNED runs for 5 consecutive innings (+5)
 Base Grade 6-10 with no EARNED runs for 6 consecutive innings (+5)
 Base Grade 11-15 with no EARNED runs for 7 consecutive innings (+5)
(Every scoreless inning pitched thereafter, Base Grade increases +5, not to exceed 20)

5 EARNED runs in 3 consecutive innings (-5)
 10 EARNED runs in 6 consecutive innings (-10)

Mid-inning Right-handed Relievers - +5 (to a maximum of Grade 20) vs. 1st batter (before BC);
 Mid-inning Left-handed Relievers - +3 (to a maximum of Grade 20) vs. 1st batter (before BC);